



ITALIAN OPEN 2008 – April 4th-5th and 6th
MONZA – PALACANDY – Via Tognini, 13

PROVISIONAL COMPETITION'S PROGRAM
CATEGORIES "OVER 18"

All athletes must show up in the weigh in room to confirm their presence, independently from their nationality.

Friday April 4th: KATA "OVER 18" – MALE and FEMALE

From 4 p.m to 5 p.m. at the Sports Hall Palacandy: Registration

6 p.m. START OF COMPETITION – FOLLOWING FINALS AND PRIZE GIVING CEREMONY

During the Kata Over 18 competition it will be possible to weigh in and make the registration for the remaining categories giving priority to Saturday's ones.

Saturday April 5th: KUMITE "OVER 18" MALE and FEMALE

From 8 a.m to 9 a.m. at the Sports Hall Palacandy: Registration (All categories)

9.30 a.m. START OF COMPETITION

8.30 p.m. FINALS AND PRIZE GIVING CEREMONY

Sunday April 6th: BEGINNERS, YOUTHS, UNDER 18 MALE and FEMALE
PROVISIONAL COMPETITION'S PROGRAM

ALL athletes must show up in the weigh in room to confirm their presence, independently from their nationality.

From 7 a.m. to 8 a.m. **KATA BEGINNERS, YOUTHS, UNDER 18 MALE and FEMALE**
9 a.m. - Start of competition following finals and prize giving ceremony

From 11 a.m. to 12 a.m. **KUMITE BEGINNERS FEMALE - cat. KG -40,45,50,55,65.**
KUMITE BEGINNERS MALE - cat. KG -40,45,50,55,60,65,70,80.
1 p.m. – Start of competition following finals and prize giving ceremony

From 1 p.m. to 2 p.m **KUMITE YOUTHS FEMALE - cat. KG -40,45,50,55,60,70.**
KUMITE YOUTHS MALE - cat. KG -40,45,50,55,60,65,70,75,85.
3 p.m. - Start of competition following finals and prize giving ceremony

From 3 p.m. to 4 p.m. **KUMITE UNDER 18 FEMALE - cat. KG -51,57,+57.**
KUMITE UNDER 18 MALE - cat. KG -55,60,65,70,75,+75.
5 p.m. Start of competition following finals and prize giving ceremony

Entry forms must be sent before March 31st, 2008



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2008

Age classes Italian Open 2008
KUMITE and KATA: MALE and FEMALE

1. BEGINNERS A

Born from Jan. 1st, 1995 to Dec. 31st, 1996

(Rules Gran Premio Giovanissimi Fijlkam): *

Weight classes Kumite:

Female -40kg, 45, 50, 55, 65.

Male -40kg, 45, 50, 55, 60, 65, 70, 80.

2. YOUTHS

Born from Apr. 5th, 1992 to Dec. 31st, 1994

(W.K.F. rules but: Kata "Tokui Kata" only but different at every round)

Weight categories Kumite:

Female -40kg, 45, 50, 55, 60, 70.

Male -40kg, 45, 50, 55, 60, 65, 70, 75, 85.

3. UNDER 18

Born from Apr. 5th, 1990 to Apr. 4th, 1992

(W.K.F. rules but: Kata "Tokui Kata" only but different at every round)

Weight categories Kumite:

Female -51kg, 57, +57.

Male -55kg, 60, 65, 70, 75, +75.

4. OVER 18

Born from Apr. 5th, 1973 to Apr. 4th, 1990

(W.K.F. rules but: Kata "Tokui Kata" only but different at every round)

for kata born to Apr. 1992

Weight categories Kumite:

Female -53kg, 60, +60.

Male -60kg, 65, 70, 75, 80, +80.

5. KATA TEAM

Born from Apr. 5th, 1973 to Apr. 4th, 1990

(W.K.F. rules with the following changes)

1) Eliminations and repechage: **Tokui Kata**

2) Final-Team 1st / 2nd place: **Free composition Kata+Bunkai+Music**

(missing one of the requirements the Team will automatically lose)



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3) Finals-Team 3rd place: Tokui Kata and Bunkai



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SYNTHESIS OF "ITALIAN KUMITE FIJLKAM RULES" FOR THE "ESORDIENTI "A" CATEGORY

The purpose of this trial is to prove the completeness of the technical baggage in the ambit of a tactical behaviour with adequateness developed according to the age.

The competitors must demonstrate technical and tactical so articulated abilities.

- Symmetric mastery (bilaterality of the principal techniques);
- Tactics: (organization, rationality, creativity, in the attack and defence phase behaviour);
- Attack control and energetic resources administration;
- Space and time structuring; right use of distances and use of time ;

ALLOWED TECHNIQUES:

The following techniques to head, face, and neck, (jodan) are allowed without contact:

- Back punch on the transverse plane (uraken);
- Circular frontal kick on the transverse plane (mawashigeri);
- Circular frontal back kick on the transverse plane (uramawashigeri);

The following techniques to the thorax (chudan, protected zone) are allowed with control:

- Counter-lateral direct punch (gyakuzuki);
- Circular frontal Kick on the transverse plane (mawashigeri);

ATTENTION!

The techniques in the round brackets are the only ones allowed.

PROHIBITED TECHNIQUES AND BEHAVIOURS

- To assume aggressive attitudes;
- To utter intimidatory shouts;
- To perform not allowed techniques or to perform allowed techniques against not allowed parts of the body;
- To perform uncontrolled arm or leg techniques;
- To perform sweep or projection techniques;

DURATION OF THE BOUT:

1. The duration of the Kumite bout is set to 80 seconds;
2. The timing of the bout starts when the Referee gives the signal to start (Shobu Hajime) , and stops each time the referee calls "YAME";
3. The referee intervenes all times he sees vain or confuse actions or potentially dangerous actions.
4. The referee, besides, intervenes with "yame" to impose category 1 or category 2 penalties.
5. The timekeeper shall give signals by a clearly audible gong, or buzzer, indicating "20 seconds to go" or "time up". The "time up" signal marks the end of the bout.

SCORING AND DECISION CRITERIA

1. Score is never awarded to a competitor when he performs a technique according to the usual kumite karate competition criteria;
2. At the end of the round, the judges will decide, with "hantei", who is the winner, taking into account the following "evaluation grid" criteria for their decisions:
 - Leg techniques: (symmetric execution) from 1 to 9 points
 - Tactics: (organization, rationality, creativity, the behaviour in attack and defence phases; from 1 to 5 points
 - Energetic resources administration from 1 to 5 points;
 - Attack control from 1 to 5 points;
 - Arms techniques (symmetric execution) from 1 to 3 points;

Therefore the total scoring may range from 6 to 30 points in the evaluation grid of the referee.



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ENTRY FORM

FEDERATION or CLUB:	Address:
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UNDER 18: € 20.00 – **OVER 18:** Individual € 25.00 – Kata Team € 45.00
Beginner A + Youth: € 14.00

PAYMENT: Athletes can pay cash at the registration desk on the day of the competition

SURNAME + NAME or KATA TEAM NAME	SPECIALITY: KA (Kata) KU (Kumite)	CLASS: BEGINNERS YOUTHS UNDER 18 OVER 18	CATEGORY: SQ Kata Team IN Kata individual or Kumite weight category	F (Female) M (Male)	DATE OF BIRTH day/month/ year

NATION	CONTACT PERSON	
	Tel	Fax
e-mail		

COACH KATA _____

COACH KUMITE _____

As President of the Club/ Federation, I take responsibility that the Athletes listed above are all members of the WKF (through a National Federation), enrolled for the current year and that they have undergone regular medical clearance.

Please return before 31 March 2008

Date: _____ Signature: _____

Federation's Stamp:



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VISA APPLICATION FORM

FEDERATION

N.	Family Name	Name	Date of birth	Passport N°	Issue date	Expiration date	Function
1							
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Please return before 07 March 2008

Date: _____ **Signature:** _____

Federation's Stamp: